



Urban Food Chef Corps Registration Form

(Front and Back Form)

Full Name: _____

Address: _____ Phone Number: _____

_____ Email: _____

1: How often would you like to volunteer for the Urban Food Project?

- One time per week
- Two or Three times per week
- Two or Three times per month
- One time per month
- One or Two times a year

2: What days of the week are you able to volunteer (Check all that apply):

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

3: What time of day is best for you to volunteer (Check all that apply):

- Early Morning (5:30AM-8:30AM)
- Mid-Morning (8:30AM-11:30AM)
- Early Afternoon (11:30AM-2:30PM)
- Late Afternoon (2:30PM-5:30PM)
- Evening (5:30-8:3PM)
- Other: _____

PLEASE RETURN IN EMAIL OR MAIL TO:
Raghela Scavuzzo, Farm to Corner Store Coordinator
5529 1st Ave S
Birmingham, AL 34212
Raghela@revbirmingham.org



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4: What type of equipment would you be willing to bring with you to a cooking demonstration event (Check all that apply):

- | | |
|---|---|
| <input type="checkbox"/> Electric Skillet | <input type="checkbox"/> Hot Plate |
| <input type="checkbox"/> Electric Wok | <input type="checkbox"/> Cooking Utensils (<i>knives, cutting board, spatula, etc.</i>) |
| <input type="checkbox"/> Toaster Oven | <input type="checkbox"/> Serving Utensils (<i>Tongs, Spoons, disposable plates or cup, etc</i>) |
| <input type="checkbox"/> Microwave | |
| <input type="checkbox"/> Portable Propane Stove | |

5: Please describe any previous experience you have with cooking demonstration, nutrition education, or public speaking.

6: Do you have any healthy simple recipes you are willing to share with the Urban Food Chef Corp?

- Yes No

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